



EXECUTIVE DEPARTMENT
OFFICE OF THE GOVERNOR
EXECUTIVE ORDER NUMBER JML 25-129

RESTORING PRESIDENTIAL FITNESS TEST

WHEREAS, President Donald Trump, on July 31, 2025, signed Executive Order 14327, revitalizing the President's Council on Sports, Fitness, and Nutrition, and reestablishing the Presidential Fitness Test;

WHEREAS, the order directed the President's Council on Sports, Fitness and Nutrition to develop fitness goals for young Americans to help foster a new generation of healthy, active citizens;

WHEREAS, the order directed the Council to create school-based programs that reward excellence in physical education and develop criteria for a Presidential Fitness Award;

WHEREAS, the order reestablished the Presidential Fitness Test to be administered by the Secretary of Health and Human Services;

WHEREAS, the order was issued to ensure that American youth will have opportunities at the global, national, State, and local levels to emphasize the importance of an active lifestyle, good nutrition, American sports, and military readiness;

WHEREAS, rates of obesity, chronic disease, inactivity, and poor nutrition are at crisis levels, particularly among children, across America and here in Louisiana;

WHEREAS, these trends weaken our economy, military readiness, academic performance, and national morale;

WHEREAS, President Eisenhower recognized this issue when he first created the President's Council on Youth Fitness decades ago in response to reports on the poor state of youth fitness in America;

WHEREAS, through his order, President Trump is creating a national culture of strength, vitality, and excellence for the next generation by promoting the physical, mental, and civic benefits of exercise and good nutrition;

WHEREAS, the Louisiana Department of Education (“LDOE”) has worked tirelessly to promote lifelong fitness and health for all Louisiana students;

WHEREAS, LDOE is currently reviewing its physical education standards for grades K-12, in accordance with Bulletin 741, Louisiana Handbook for School Administrators, Section 2301;

WHEREAS, LDOE’s standards for physical education include building physical competence and knowledge to promote lifelong healthy activity for all students through high-quality instruction;

WHEREAS, LDOE seeks to ensure that students develop the knowledge, skills, and confidence of lifelong physical activity, including foundational movement skills across grade bands and developmentally appropriate motor skills and movement patterns;

WHEREAS, Louisiana recognizes the importance of physical activity as it relates to both personal and community health, as reflected in R.S. 17:17, which states, “that regular physical activity and healthy eating habits can contribute to the protection from cardiovascular disease, diabetes, and other chronic diseases; reduce symptoms of depression and anxiety; help control weight; and help build and maintain healthy bones, muscles and joints;”

WHEREAS, the importance of physical activity cannot be overstated in a student’s personal development, including physical, mental, and civic benefits;

WHEREAS, Louisiana students would tremendously benefit from the Louisiana Department of Education incorporating the Presidential Fitness Test into its physical education standards;

NOW THEREFORE, I, JEFF LANDRY, Governor of the State of Louisiana, by virtue of the authority vested by the Constitution and laws of the State of Louisiana, order and direct as follows:

Section 1: It is ordered that the Louisiana Department of Health (“LDH”) work with the LDOE to re-establish the Presidential Fitness Test in Louisiana and that the LDH coordinate with the LDOE to determine programming and funding requirements necessary to re-establish the Presidential Fitness Test in Louisiana.

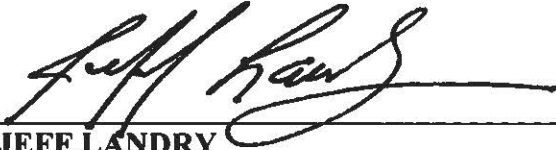
Section 2: I hereby urge and request the LDOE, in its process to review the physical education content standards, to determine how to integrate the Presidential Fitness Test into its standards.

Section 3: All departments, commissions, boards, agencies and officers of the State, or any political subdivision thereof, are authorized and directed to cooperate in actions the State may take in response to this Order.

Section 4: This Order is effective upon signature and shall continue in effect unless amended, modified, terminated, or rescinded earlier by the Governor, or terminated by operation of law.



IN WITNESS WHEREOF, I have set my hand officially and caused to be affixed the Great Seal of Louisiana in the City of Baton Rouge, on this 4th day of November 2025.



JEFF LANDRY
GOVERNOR OF LOUISIANA

ATTEST BY THE
SECRETARY OF STATE



Nancy Landry
SECRETARY OF STATE