

# WHAT DO YOU WANT TO BRING BACK THE MOST?



**CRAWFISH BOILS?**

**SUNDAY LUNCH WITH GRANDMA?**

**FRIDAY NIGHT LIGHTS?**

Use the hashtag “**#BRINGBACK ...**”  
and let us know what you’re waiting for.

Share your vaccine selfie with five friends and enlist them in the effort to bring back Louisiana. Let them know the shot is safe, effective — and important. The facts you need are on the back of this card. Scan the QR codes below to get a Sleeves Up frame, then post your selfie on social media.



**FACEBOOK FRAME**  
SEARCH “SLEEVES UP”



**SNAPCHAT LENS**

# VACCINE FACTS



All COVID-19 vaccines are **authorized by the FDA** and **100% effective** at preventing hospitalizations and death.

They are **free to the public**.

Many Louisianans now qualify to get the vaccine, do you? Find out at **COVIDVaccine.la.gov**.

The **shot is available** in all 64 parishes.

Getting the shot **helps us** end the pandemic, get our economy back on track, and bring back the Louisiana we know and love.

## SELF-CARE AFTER YOUR SHOT

Over the next 24 to 48 hours, you might experience some or all of the following flu-like symptoms — these are nothing to worry about, they're a sign that your body is building protection.



**FEVER**



**TIREDNESS**



**HEADACHE**



**CHILLS**

Don't forget to periodically use or exercise your arm, drink plenty of fluids, take acetaminophen or ibuprofen if it's safe for you and place a damp, cold washcloth over the site of the shot.

If you're worried about your symptoms, or you experience increased redness or soreness in the place where you got the shot,  
**CALL YOUR DOCTOR.**

**COVIDVACCINE.LA.GOV**

**BRING BACK  
LOUISIANA**

**LOUISIANA  
DEPARTMENT OF HEALTH**